



From the Nurse's Office

Welcome Back!!!

To All Parents and Guardians:

We are all excited to start a new educational year and hopefully a healthy one. We have devised this letter to inform parents/guardians of PCA's policies regarding our nurse's office to open lines of communication and become more effective in treating your child through team work. Carole Kinnamon RN and Cindy Daniels RN will once again be managing health issues of students at PCA. If you have any questions please do not hesitate to call us. We are just a phone call away and are more than happy to assist you in medically treating your child.

At the start of the new school year we have numerous tasks and forms to complete for children who require medications during the school year. **All over the counter medications that need to be administered at school must be in the original bottle, sealed. Prescriptions must be in original bottle from pharmacy with updated doctors prescribed orders on prescription bottle. Parents/Guardians must walk in the medication to the nurses and complete paperwork for medication to be left at school. Refills thereafter still must be walked into the school by the parent/guardian for safety of other students and completion of additional paperwork. Asthma students must have nebulizer medication and or inhalers at school for emergency use even in slight cases. All students that have the following must have an Emergency Care Plan completed by his/her physician. These are food and bee allergies, seizures, asthma, etc. Students with allergies to food/bees must also have an Epi-Pen at school, if one is prescribed, along with Emergency Care Plans completed by physician.**

I have placed blank forms for Asthma Care Plan, Emergency Care Plan, Permission to Carry Inhaler, Consent to Administer Meds at School, and the State Physical Form on the PCA website in the Parent section for you to print and have completed before the start of school. (providencecreekacademy.org)

All students entering PCA for the first time including from other State of Delaware schools must have provided the nurses with a copy of **all up to date immunizations, physical and TB documentation before the first day of school to start PCA as scheduled.**

Emergency cards are to be completed by parents/guardians every year. Each student must have their own emergency card per state regulations. If numbers change throughout the year please call and update us on your current numbers. It is important to be able to reach you quickly should an emergency situation occur. Please remember to complete front and back of the cards. Your child will be administered over the counter medications per your permission on the back of the emergency card. Also when completing emergency contacts. Discuss with your contact if he/she is available and willing to pick up your child due to illness or injury. Please choose contacts that are readily available and in state. It is important to complete emergency cards as soon as possible. Again this year we will have an "Emergency Card Contest" with class prizes for the first class who completes them all. This is a fun way for us to initiate getting the cards in a timely manner.

Our Nurse Policy for Ill Students Are As Follows:

Children with 100 degree temperatures and over are sent home at once. Fever relief will be administered per parent permission on the emergency card. If your child requires medication before 11a.m. contact to the parent is made to ensure medication was not administered prior to reaching school.

GI upset with no temp is usually handled with anti-acid. GI upset with vomiting the student is sent home at once. The only exception would be a medical condition with physician documentation.

Lice Exposure/Nits is immediate exclusion from school. Students cannot return until checked by the nurse for any presence of lice or nits. Students must be nit free to return to school. At times this is a very frustrating experience but we feel it is necessary to stop the spread to other students and staff. Head checks of classrooms are performed once there is a classroom exposure to help identify additional unknown cases. Call the nurse's in the a.m. if you find any of the above at home on your child.

We require our students to be symptom free 24 hours after an illness before returning to school. This helps keep virus/cold exposure to other students and staff at a minimum.

*At times children do soil or rip their clothing. Thanks to parents and guardians who donate outgrown uniforms we usually have clothes for them to wear home. Please return these items washed as soon as possible so they are available for other students. If you child has ongoing bathroom issues please put a supply of his/her clothing in their book bag for personal use. A physician's note is required for medical conditions. Parents will be called for ongoing bathroom issues to assist changing of clothing when necessary. **Children out of uniform will not be given change of clothing. This will be handled as an infraction and will result in a write up by the teacher.***

We are in constant demand for supplies for our nurse's office. Our students utilize 2-3 bottles weekly of Children's Tylenol, Motrin, for pain relief and headaches. It is impossible for PCA to keep up with the cost of replenishing these supplies, therefore, we request donations of these from parents/guardians, if financially possible. They must also be in sealed bottles. These fever/pain relief products can be given to outside staff before and after school. Generic brands are welcome and encouraged. These supplies enable students to remain in school and parents/guardians to reduce missed time from work. We look forward to working with you and your child.

Cindy Daniels RN & Carole Kinnamon RN

